

# Easy Life Is Hard

**Exhibiting artists** ▾ Robert Gabriš, Nikoleta Gazdová, Lilla Gombos, Nicol Hochholczerová, Michael Luzsicza, Silvia Krivošíková, Mikuláš Podprocký, Emöke Vargová, Anabela Žigová

**Curator** ▾ Ludmila Kasaj Poláčková

**Duration** ▾ December 16, 2022 – February 19, 2023

**Venue** ▾ Representative Halls

**Opening** ▾ December 15, 2022, 6pm

The visual exhibition poem *Easy Life Is Hard* consists of various original presentations which reflect upon different life situations and emotions people encounter. Everybody leads their private life, which often ties to their artistic/creative language, which is often bound by, or perhaps defined as “abnormality” within the scope of everyday reality. How many of such “abnormalities” is a human being able to bear? They say we are given “only” what we can bear... That is unbearable... Are we just supposed to be offloading or do we have room for more?

Somebody dies, the earth shakes... and someone else's life carries on. Is everything that happens to us just a coincidence or is there a “higher power”? Or are we “just” born into a (in)convenient environment? Are we actually in control of our own lives or are we just naively pretending that we are the ones in charge? What about those empty and painful spaces in our lives? We lead our individual lives within ourselves while being a part of the mosaic of life and its various circumstances. We oscillate in the diverse tapestry of human fate. Easy life is hard, but that is the way life is...

One of the goals of the project is to show that contemporary curatorship can take up many shapes and forms as well as themes. *Easy Life Is Hard* is a collection of various pains and empty spaces people encounter while living their lives.

Besides the usual little traumas, life can also deliver some real ones which can have a profound effect on how we function in our everyday life while we process them, coped with them or experience them again.

The exhibition serves as an art-therapeutic attempt at lowering the level of post-traumatic stress disorder which has returned as a boomerang after a traumatic experience of the exhibition's curator. The exhibition describes this kind of desolating emptiness as a natural response to a trauma, tries to take us through it using the visual pieces and texts, overcome it – it calls after a change, processing it, getting through the trauma and its consequences which can interlock and restrict a person and get in the way of living healthy.

It is sometimes hard to be a hero in your own play of life. A pocket catalogue for the exhibition is being published, even though it is not really an exhibition catalogue in the true sense of the word. It is an attempt at curatorial prose – if it has a right/opportunity to exist while not defining or determining anything, just flowing as time – sometimes too fast, sometimes too slow...